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Semi-Weekly Interior Journal

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A Monastery.

There are about sixty monks in the Gethsemane Abbey in Nelson county, Ky. Only two Americans belong to the Order—one from Selma, Ala., and the other from Philadelphia. A remarkable rule of the Order is that which precludes all females from entering the abbey, save only the wife of the ruler of the Nation. The Abbey owns 1,800 acres of land, half of which is in a state of high cultivation. The monks continue at their devotions about six and a-half hours, and then they march, in silent procession, to the chapter room. Here they meet every morning, and here punishment is meted out for all offenses against the rules. The Abbot's chair is an elevated throne, and in walking to his seat the Abbot passes over his own grave. The culprit who awaits judgment also stands on this terrible spot. For punishment, some are deprived of their meals for a day; others are ordered to prostrate themselves on the floor, while the monks walk over them. When a decision is given the delinquent never murmurs, but immediately sets about its fulfillment. In the dormitory each monk has a cell with walls of heavy fire-brick, containing an iron cot. The monk always sleeps with his clothes on. The regular time for rising is never later than 2 o'clock, but on feast days it is two hours sooner. In these cells every Friday night the monks scourge themselves with a knotted whip of many lashes in remembrance of the scourging of the Savior. Except by a physician's prescription a monk never tastes meat of any kind, fish, eggs, butter or lard. Their diet is exclusively vegetable. No stimulants, not even tea, or coffee, or tobacco, are used in any form. From September 14 to Ash Wednesday only one meal a day is allowed. From Easter Sunday until September 14 they eat two meals a day—one at 11 and the other at 6 o'clock. For seven years those who wish to enter are on trial, and all the hardships are put upon them. They can go away any day during this period if they desire, but when the time of probation is over they take a final vow and are irrevocably sundered from the world.

A Philadelphia physician has made a special study of the phenomena of death, both through his personal observations and those of others, and his conclusion is that the dissolution is painless. "I mean," he explains, "that it approaches as unconsciously as sleep. The soul leaves the world as painlessly as it enters it. Whatever be the cause of death, whether by lingering malady or sudden violence, dissolution comes either through syncope or apoplexy. In the latter case, when resulting from disease, the struggle is long protracted and accompanied by all the visible marks of agony which the imagination associates with the closing scenes of life. Death does not strike all the organs of the body at the same time, and the lungs are the last to give up the performance of their functions. As death approaches the latter gradually becomes more and more oppressed; hence the rattle. Nor is the contact sufficiently perfect to change the black venous to the red arterial blood, an unprepared fluid consequently issues from the lungs into the heart, and is thence transmitted to every other organ of the body. The brain receives it, and its energies appear to be lulled thereby into sleep—generally tranquil sleep—filled with dreams which impel the dying to murmur out the names of the friends and the occupations and recollections of past life."

San Francisco has just had its first sleighing in thirty years, as the result of the only heavy snow storm in that period. Thousands of young folks saw snow for the first time in their lives. Sleighs were hurriedly constructed, both for hauling and driving. One of the city's millionaires was seen in a plain box, under which were runners made of planks with the ends rounded off.

Thomas E. Neale, Louisville, says: "Brown's Iron Bitters has cured me of weak back, general debility and other disorders."

Think Before You Thump.

There is a time in the life of every father when this momentous question comes up: To spank or not to spank. Mothers seldom give the subject any thought, but with generous impetuosity decide the matter in the affirmative whenever occasion calls for quick and speedy action. But to the more methodical and less impulsive mind of the philosophically inclined male parent it is a matter of the gravest importance if he is to supplement moral suasion with manual demonstrations or not. Much can be argued in favor of the practice. If judiciously exercised, it is sure to make an impression, and after a touching episode of this nature, a youngster will never sit down to meditate, without feeling very vividly the force of the fatherly admonition. On the other hand it is said that violent measures and the use of brutal force are very objectional to the mind of the spirited boy, particularly when applied in a backhanded way, and that the hereditary sin of the youngster is sure to develop much faster, if subjected to what he considers undignified treatment. Certain it is, that the very boy, who cares little or nothing for the maternal cuffs, will often feel outraged at the assumption of authority by the father; and it would be well, therefore, if the latter would use judicious care before he commits himself. Indeed, looking at the recent experience of a North Carolina father, it is as much as life is worth to spank some children. This happy man did chastise his five year old boy in the good backhanded, old-fashioned, puritanical style, whereupon the outraged youngster set fire to and burned down the parental mansion. Let this be a warning to hasty parents.—[Burlington Hawk-eyes.]

Admirals.

Ten of our 58 admirals have died within 13 months. They are excellent, well-fed gentlemen and commonly, having taught else to die, they die; and patriotically too. It costs the country a round sum to keep live admirals, and 48 of them survive. The pay of an admiral is thirteen thousand a year, of the vice-admiral nine thousand if on sea duty, or on shore duty eight thousand. A rear-admiral on sea duty gets six thousand, and on shore duty five thousand dollars a year. We had no admirals till the shabby shoddy aristocracy seized the reins of power. This nobility sprang from the womb of grand moral ideas and the British monarchy having admirals, why may not we? We have no navy worth mentioning, but admirals all the same. We keep them as social ornaments to swing around the President, in gilded glory, in gala day uniforms on state occasions. We love to see them and all the "retired" gentlemen of all sorts and half-pay barnacles of all classes constituting the new-fangled legalized American aristocracy. The truth is, the so-called "republican" party was organizing all the forms and official and social systems of European monarchies until Jay Hubbell startled the people by his enormities. The work of reformation was half begun, or was proposed to be the enactment of the civil service bill, which is a blunder if not a crime; but revolutions never go backward, and the admirals needn't die.

Careful experiments have proved that corn which is killed will blow down more readily than that which has level culture. This can be accounted for by the fact that corn roots run very near the surface, and when killed are made they are confined to the small space covered by the bill; while while in level culture the roots run from one row to the other, thus enabling the corn to stand strong as nature intended, and in no way liable to be blown down except by winds of unusual violence.

One Sunday night we were sitting out in the moonlight, unusually silent, almost sad. Suddenly some one—a poetic looking man, with a gentle, lovely face—said, in a low voice, "did you ever think of the beautiful lemons stars teach us?" We gave a vague, appreciative murmur, but some soulless clod said, "no; what is it?" "How to wink," he answered, with a sad, sweet smile.—[Burdette.]

"Excuse this bit of sarcasm," said Smith to Jones, "but I must say that you are an infamous liar and scoundrel." "Pardon this bit of irony," said Jones to Smith, as he knocked him over with the poker.

There are twenty five copper furnaces in Tennessee which turn out an annual yield of 2,600,000 pounds of copper.

Instruction in Tear-Shedding.

Although a woman's greatest power is her tears, few know how to shed them. Aside from adding to the mute eloquence of the eyes, tears enhance a woman's beauty and overpower the giants whom pugilists can only manage with difficulty. They should be brief, not too wet, and by no means bitter. They must rush to the eyelids, linger like dew drops, and when they do fall the precipitation must be speedy. To be effective they must be premeditated. A whiff of the tearful onion, a fresh inhalation of pungent smelling salts, a few grains of pepper or a slight irritation of the outer corners of the eyes with a match or toothpick will suffice for a copious flow, and if the lover, husband or father can be ordered the shower will have the desired effect. But avoid a frown or scowl. Manufacture a feeling of sadness, hold the breath to get up color, put judiciously, incline the head to one side, drop the body, but not the shoulders, use a small, soft-finished cambric handkerchief with both hands, taking care to rub the eye-ball down and out. The object in rubbing out is to have the tears roll over the cheek. There is too much of the deer sentiment when they course down the innocent nose in piteous chase.—[Chicago Herald.]

COAL ASHER.—I find coal ashes to be a very valuable article to be used for many purposes (says a correspondent). I have used them for three or four years on currant bushes for the destruction of the currant worm, and find no necessity for the use of hellebore or any other poison. They are as effective on cucumber vines to keep off the striped bug. Last year I used them on cabbage, filling the heads full, and had no further trouble with the worms. The cabbage headed well, receiving no injury from the ashes. The ashes are better if they are sifted through a fine sieve.

An ingenious mechanic of Jamestown, N. Y., has constructed a perfect locomotive, said to be the smallest in the world. The engine is only eight and a half inches long. The pump throws a drop of water per stroke. As many as 585 screws were required to put the parts together. The engine itself weighs a pound and a half and the tender two pounds and a half ounce. The mechanic was at work upon the locomotive at intervals for eight years. Now that the thing is done, he can't imagine what use it will be, unless the contractor intends to take the greenback party on an excursion.

A new caper in feminine artfulness is the perfumed petticoat. This new guide to catch the susceptible soul of man is effected by secreting scent-powder in the wadding of the aesthetic undergarment. A rapacious writer, already a victim no doubt, says: "This is considered preferable to putting perfume on the handkerchief, as the pleasant odor is more diffused and sweetly mysterious." Cunning rascal! How well he knows that nothing about a woman is more than her mystery.

It looks like nonsense for any one to run off West seeking homes when so many inviting locations can be found in Kentucky. There is scarcely a State in the Union ahead of this in point of health and regularity of seasons and crops. Not only this, but destructive storms rarely visit us, nor are we often seriously injured by devastating insects. Take it all in all, there is no more desirable place to live than Kentucky affords.—[The Guide.]

RYHME AND REASON BY A BITTER ONE.—"As red as a rose was my love, last night—yes, red as a rose was she; but, to-day, my love's as pale as white as the blooms of the apple-tree. Poor thing, she is pining for me, I think; but the wicked neighbors say her mother stole in, while my love was asleep, and stole her pink saucer away."

Next season Barnum will exhibit in his street parade, ostriches in harness, giraffes and bears. The enterprising manager is willing to parade his lions and tigers simply with collars, and we are willing he should do so in Chicago.

Ladies shoulder gloves cost about \$10 a pair. They cover the entire form to the shoulder, and nothing uglier or more ungraceful was ever conceived in the brain of man.

Egotism is an infirmity that perpetually grows upon a man, till at last he cannot bear to think of anything but himself, nor even to suppose that others do.

A Smart Dog.

Every body in Midway knows old "Ned," the children's dog. He is one of the smartest dogs that we have ever seen. He formerly belonged to the late Mrs. Margaret Buford, but as there was no children at her house he came to town and took up his abode at Mr. S. N. Rogers'. He goes to school with the children every morning and remains there all day. When they go out to play he goes too, and is quite expert at catching a ball—indeed, in a game he takes the place of a child. When the bell rings he is the first to run into the school house, and when the classes are called up to recite he takes his place in line at the foot. After the child next above him has recited he answers the next question by an intelligent bark and bow of the head. Should a question be missed by the child at the foot of the class and passed to the next by the teacher, "Ned" will answer it in his peculiar way. Spelling seems to be his favorite branch of study, his answers in that being exceedingly quick and vigorous. Although he turns the children down in his fashion, he never goes above them. He will fight for any of the pupils, as well as teachers, and could not be induced to stay where there are no children.—[Midway Clipper.]

The Rev. W. H. Hardman, of Greenwood, Neb., preached for a small salary, but managed to save up \$1,000, which he held in readiness for any promising mercantile investment that might offer. He met a man who said that he had \$8,000 worth of goods in a Chicago warehouse, the hidden property of a bankrupt Indiana merchant. These could be bought for 15 per cent. of their value, if the sale could be kept a secret. The clergyman parted with his money and got a due bill for the merchandise, but he has never been able to find the goods.

It is yet too soon to forecast with entire certainty the political complexion of the Senate after the 3d of March, but there is every probability that the republicans will have a majority only by the aid of the Virginia readjusters, Messrs. Mahone and Riddleberger. We have already expressed the opinion that in that case it would be far better to leave the organization of the Senate to the democrats than to purchase the co-operation of the Virginia Senators by such concessions as they have been in the habit of demanding.—[Boston Advertiser.]

THE BLESSEST GIFT.—Dr. Woods, of the Glasgow Times, has this to say about a loving wife: "After all that has been said of happiness and love, blessedness, the sweet, sunny, loving wife, is the blissest gift that ever came from God to man. There is more suggestions of heaven in one good, patient, loving woman than there is in all the dizzy-heighted church spires that ever pierced the sky, or in all the pulpit melody that ever escaped the silvery tongues of thrilling eloquence."

For brevity in the statement of a tragedy, commend us to this paragraph in the Salt Lake Tribune: "A party of the name of Russell Lester went to Visita, Indian Territory, for the avowed purpose of killing a man named Rutledge. The remains of Lester were returned in the baggage-car of the next train. The best of plans are sometimes thwarted."

Gebhardt is an object of pity rather than of censure. To sit in a box night after night, and gaze approvingly up on "Rosalind's" poor acting and worse legs, is enough to break the spirit of any man of taste, no matter how large his income may be. The newspapers ought to chip in and give the young man a rest.—[Cin. News.]

A Missouri bee raiser has just transferred his 150 hives to Florida that his bees may keep busy all the winter in that land of flowers; and on the Mississippi there are bee boats that carry hives up and down that river to keep pace with the blooming of the flowers.

The cow population of the United States is 12,611,148, or about one cow to every four people. This only includes milk cows, and their value is estimated at \$325,500,996, an average of \$27 per head, based upon their prices in different States.

"I don't believe it's any use, this vaccination," said a Yankee. "I had a child vaccinated and he fell out of the window a week after and got killed!"

John Green, 5th street Louisville, says: "I do not hesitate in endorsing Brown's Iron Bitters as the best that I have ever used or seen."



SIMMONS' LIVER REGULATOR.
For Dyspepsia, Costiveness, Sick Headache, Biliousness, Diarrhoea, Jaundice, Impurity of the Blood, Fever and Ague, Malaria, and all Diseases caused by Derangement of Liver, Bowels and Kidneys.

SYMPTOMS OF A DISEASED LIVER.
Bad Breath: Pain in the side, sometimes the pain is felt under the shoulder-blade, mistaken for Rheumatism; general loss of appetite; Bile generally coarser, sometimes alternating with lax; the head is troubled with pain, is dull and heavy; with considerable loss of memory, accompanied with a painful sensation of leaving undone something which ought to have been done; a slight, dry cough and flushed face is sometimes an attendant, often mistaken for consumption; the patient complains of weariness and drowsiness, easily startled; feet cold or burning; sometimes a prickly sensation over the skin; urine is low and discolored, and, although satisfied that exercise would be beneficial, yet one can hardly summon up fortitude to try it—in fact, drowsiness even supervenes. Several of the above symptoms attend the disease, but cases have occurred when but few of them existed, yet examination after death has shown the Liver to have been extensively diseased.

It should be used by all persons, old and young, whenever any of the above symptoms appear.

Persons Traveling or Living in Unhealthy Localities, by taking a small quantity to keep the Liver in healthy action, will avoid all Malaria, Bilious attacks, Diarrhoea, Nervous Prostration, Depression of Spirits, etc. It will invigorate like a glass of wine, but is no intoxicating beverage.

If you have eaten anything hard of digestion, or feel heavy after meals, or sleepless at night, take a dose and you will be relieved.

Time and Doctors' Bills will be saved by always keeping the Regulator.

For, whatever the ailment may be, a thoroughly safe, purgative, alternative and tonic can cover its cost. The remedy is harmless and does not interfere with business or pleasure.

IT IS PURELY VEGETABLE.
And has all the power and efficacy of Calomel or Quinine, without any of the injurious after effects.

A Governor's Testimony.
Simmons' Liver Regulator has been in use in my family for some time, and I am satisfied it is a valuable addition to the medical science.

Gov. Alexander H. Stephens, of Ga., says: "I have derived some benefit from the use of Simmons' Liver Regulator, and wish to give it a further trial."

"The only thing that never fails to relieve me," says a sufferer from Dyspepsia, Liver Affection and Debility, but never found anything so beneficial as the Simmons' Liver Regulator. I sent from Minnesota to Georgia for it, and would send further for such medicine, and would advise all who are similarly afflicted to give it a trial as it seems the only thing that never fails to relieve me."

P. M. Jones, Minneapolis, Minn.
Dr. T. W. Mason says: "From actual experience in the use of Simmons' Liver Regulator in my practice I have been and am satisfied to use and prescribe it as a purgative medicine."

"Take only the Genuine, which always bears the red Z Trade-Mark."
J. M. ZELLER & CO.,
SOLELY ALL DRUGGISTS.

While a colored man and his family were engaged in prayer a kettle of water fell over and scalded the old man's wife. The woman rose with 'scuffling' alacrity and howled. The old man slowly arose, and casting on his wife a contemptuous glance, said: "Ain't yer got no moah humiliation den ter holler when I use handin' up petitions?" "I doan mean to insult de Lawd," yelled the woman, "but when a pot of bilin water falls on me, it doan make no difference ef Ise gwine through de gate ob de New Jerusalem, Ise gwine ter squall! Does yer heah me?"

A man in gaping dislocated his jaw. A surgeon restored the bone to the proper position and made his charge, which the man thought too high, and refused to pay. The surgeon changed the conversation and soon told his best story. The patient laughed so heartily that the bone became again displaced, and the surgeon reset it after receiving payment in advance.

The two most precious things on this side the grave are our reputation and our life. But it is to be lamented that the most contemptible whisper may deprive us of the one, and the weakest weapon of the other. A wise man, therefore, will be more anxious to deserve a fair name than to possess it, and this will teach him so to live as not to be afraid to die.

A family of Madison, Ohio, nineteen years ago, purchased a paper of pins. When a pin was needed it was taken from the paper and after it had served its purpose was replaced. If a pin was lost general search was made until it was found. In this way the one paper of pins has kept the family supplied for 19 years.

The widow of Joseph Smith, the Mormon martyr, who was after his death "sealed" to Brigham Young, is still living in Salt Lake City, vigorous and healthy at 79, and an ardent advocate of the plurality of wives system. By the way, all of Brigham's wives remain widows, and are constant to his memory.

A weapon found on a Philadelphia burglar consisted of a canvas bag, 3 inches in diameter and 15 in length, filled with sand, and having a wooden handle. A blow with it would not break the skin, like a club, but would be stunning in its effect while the blow would not make a noise.

Hall's Catarrh Cure is taken internally. It acts directly upon the blood and the mucous surfaces of the system. Price, 75c. For sale by Penny & McAllister, Stanford.

If Catarrh has destroyed your sense of smell and hearing, Hall's Catarrh Cure will cure you. 75 cents per bottle. Druggists sell it.

\$100 REWARD
Is offered for any case of Catarrh that can't be cured with Hall's Catarrh Cure. Taken internally. Price, 75 cents.

M'ROBERTS & STAGG

DRUGGISTS AND PHARMACEUTISTS,

Opera House Block, - - - Stanford, Ky.,

DEALERS IN—
Drugs, Chemicals, Wall Paper, Wines, Musical Instruments, Stationery, Books, Liquors, Pocket Cutlery, Oils, Soaps, Stationery, Cigars, Tobacco, Fire Arms, Machine Needles, Lamps, Perfumery.

Our Jewelry, Silverware and Optical Goods Department is in Charge of Col. Thos. Richards, who will Repair Watches and Clocks Promptly and in the best style.

H. C. RUPLEY,

MERCHANT TAILOR,
Stanford, - - - - - Kentucky,

Wishes to inform his Patrons of Stanford and vicinity that he has received—
A Splendid Stock of Fall and Winter Goods,
Which he guarantees to make up in first-class style. Satisfaction guaranteed, or no sale. Cutting and Repairing neatly and promptly done.

Livery, Sale & Feed

STABLE!
AND HARNESS SHOP.

Having bought out S. H. Baughman, we will keep on hand a nice lot of Horses and Buggies, which we will let at reasonable rates. We also board Horses by the day or week. We are also in

THE COAL TRADE,

And will swap for all kinds of Feed. Hope to receive a liberal share of the patronage of the public in general.

Respectfully, A. T. NUNNELLEY, STANFORD, Kentucky.

H. C. BRIGHT,

GROCER,
St. Asaph Block, Stanford.

STOCK IS ALWAYS COMPLETE.

It embraces Staple and Fancy Groceries, Patent and Family Flour, Meal, Bacon and Lard, Tobacco and Cigars, Wooden, Willow and Tinware, Glass and Queensware. Canned Goods of all kinds a specialty. Remember the place, "The Corner Store."

A. OWSLEY & SON,

DEALERS IN—

Hardware and Groceries, Glass-ware, Queensware,

Wooden and Willowware, Stoves, Grates and Tinware,

Full line of Pocket and Table Cutlery, Patent and Family Flour, Hames, Traces,

Salt, Lime, Cement, Field Seeds, Plows and Farming Implements. Call and see the genuine Hamilton Plow.

OPERA HOUSE BLOCK.

I desire to call your special attention to the

JEWEL RANGE

which for utility, durability, perfection in operation, taste



In ornamentation and is unequalled.

THE FLUES ARE EXTRA LARGE.

Adapting the Range to any kind of fuel. The Fire Back is made in three sections. As the center burns out much faster than the ends, this piece can be replaced without the expense of the entire back. Ventilated Chamber behind the fire box, which protects the back from intense heat. The Broiling facilities are superior to any other Stove; tilt the grate and rake the coals on broiling grate, or an independent fire of charcoal built on it, if desired.

Many other conveniences are attached to this Stove, which I ask you to examine before buying. I also refer you to Mrs. Dr. T. B. Montgomery, Mrs. W. F. McKinney, Mrs. W. G. Welch, Mrs. G. H. McKinney, Mrs. S. J. Embury, Mrs. Dr. J. B. Owsley and Mrs. G. A. Lackey as to the advantages the Jewel has over other Stoves. Very respectfully,

W. H. HIGGINS.